

# Be Rewarded for Healthy Choices

**All Employees - Earn up to 600 points each year  
 or up to 1,000 points if your spouse is covered by Cigna**

Welcome to the **Total Rewards** Program — created to recognize the healthy choices you make and to support the wellbeing of all our employees and their families.

**Total Rewards** gives you the opportunity to earn points for completing healthy activities. Points are earned through Personify Health and can be redeemed for rewards of your choice from a catalog featuring hundreds of thousands of brand-name merchandise and travel options. Safety Above All and Years of Service (Service Anniversary Awards) are now also part of this program.

Your points accumulate throughout the life of the program. You can redeem them at any time or save them for higher-value rewards. **Each point is equal to one dollar in purchasing power**, making it easy to choose the rewards that matter most to you.

We're proud to offer this program to our most valuable asset — you, our family of employees. Thank you for continuing to make healthy choices and enjoy the rewards that come with them.

*This program replaces Cigna's Motivate Me incentive program.*



## ACCESS THE REWARD SITE

1. Go to the Intranet
2. Select Employee Hub
3. Select Total Rewards

Once on the site, update your contact information (email, physical address, and phone/cell) to ensure that you receive timely notifications about the program.

## HOW TO EARN TOTAL REWARD POINTS

