

Launched in September 2024

What is it: A wellness platform designed to encourage healthy habits and daily activity.

Key Features:

- Activity Tracking and step challenges.
- Personalized health insights and rewards for participation.
- Individual and Team interactive journeys and challenges.

Why it matters: Builds camaraderie through team challenges while promoting physical health and preventive care.

Benefits page that includes wellness and communication resources









Welcome to your personalized health platform!

